

Name of Faculty: Institute of Social Sciences and Humanities

Name of the College/Institute/Department/School: Institute of Social Sciences

Name of the Programme: M.A. Sports Psychology

Programme Type (UG/PG): PG

Duration: 2 Years

First Year - Semester I												
Course Category	Course Code	Course Title	Nature of Course	No. of Credits	Teaching (Contact hrs/ week)		Evaluation Scheme (Marks)			Minimum Passing (Marks)		
					L	P	Internal	External	Total	Internal	External	Total
MM	MSP55MML501	Fundamental Psychology – I	L	3	3	0	60	40	100	0	16	40
MM	MSP55MML502	Sports Psychology	L	3	3	0	60	40	100	0	16	40
MM	MSP55MML503	Positive Psychology	L	3	3	0	60	40	100	0	16	40
RM	MSP55RML501	Research Methodology	L	4	4	0	60	40	100	0	16	40
MM	MSP55MMP501	Practicum- I (Psychological Assessment)	P	3	0	6	60	40	100	0	16	40
ME	MSP55MEL501 MSP55MEL502	Health Fitness and Wellness Or Leadership principles in sports	L	4	4	0	60	40	100	0	16	40
Total				20					600			

First Year- Semester II												
Course Category	Course Code	Course Title	Nature of Course	No. of Credits	Teaching (Contact hrs/week)		Evaluation Scheme (Marks)			Minimum Passing (Marks)		
					L	P	Internal	External	Total	Internal	External	Total
MM	MSP55 MML50 4	Sports and Exercise Psychology	L	3	3	0	60	40	100	0	16	40
MM	MSP55 MML50 5	Cognitive Psychology	L	3	3	0	60	40	100	0	16	40
ME	MSP55 MEL50 3 MSP55 MEL50 4	Professional Practices in Sports Or Yoga and Mental Heath	L	4	4	0	60	40	100	0	16	40
MM	MSP55 MMP50 2	Practicum-II (Personality and Personal Development)	P	3	3	6	60	40	100	0	16	40
MM	MSP55 MML50 6	Statistical Methods in Research	L	3	3	0	60	40	100	0	16	40
JT	MSP55J TI501	Internship	I	4		8	100	0	100	0	0	40
Total				20					600			