

MGM University

Chhatrapati Sambhajinagar

Name of Faculty – Social sciences and Humanities

Name of Institute – Institute of Social sciences

Name of Department – Social Work

Name of the Programmes – Master of Public Health(MPH)(PG)

CURRICULUM BOOKLET

(With effect from Academic year 2023-24)

MGM Campus, N-6, CIDCO, Chhatrapati Sambhajinagar – 431003, Maharashtra, India. mgmu.ac.in



MGM University

Chhatrapati Sambhajinagar

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Contents

| Particulars | Page no. |
|--|---|
| University's Vision | 1 |
| University's Mission | 1 |
| University song | 2 |
| Department of Social Work at a glance | 3 |
| Social Work Vision | 3 |
| Social Work Mission | 3 |
| Programs offered/Eligibility/Duration | 4 |
| MPH Course structure for I to IV semester & Syllabus | 5 to 22 |
| | University's Vision University's Mission University song Department of Social Work at a glance Social Work Vision Social Work Mission Programs offered/Eligibility/Duration MPH Course structure for I to IV semester & |



Programs offered by Department of Social Work

| Undergraduate Programmes | Postgraduate Programmes | PhD Programmes | PG Diploma Programmes | Certificate Programmes |
|--|---|---|--------------------------|---------------------------|
| Bachelor of Social Work (BSW) | 1)Master of Social Work(MSW) 2)Master of Public Health(MPH) | PhD in Social Work | NIL | NIL |
| Eligibility:12 ^t h Pass any Stream or Equivalent Duration: 3 /4 years | Eligibility: For MSW any Graduate For MPH: Candidate Possessing Degree from Medical Sciences or any Graduate having at least Two years of working experience in the field of Health Duration: 2 Years | Eligibility: Any PG in concerned Subject with 55% marks(50% relaxation to SC/ST) and PET/NET/SET examination Duration: minimum 3 Years | NIL NIL | NIL |



Name of Faculty: Social Sciences and Humanities

Name of the College/Institute/Department/School: Social Work

Name of the Programme: :(2 Years PG programme): Master of Public Health(MPH)

Programme Type (UG/PG): /Integrated Masters Program/Diploma/Certificate –<u>PG</u>

Duration: 02 Years (04 Semesters)

| First Year - | Semester I | | | | | | | | | | | |
|--------------------|---|--|---------------------|-------------------|-------|---------------------------|---------------------------|----------|--------|----------|----------------------|-------|
| Course Category | Course Code | Course Title | Nature of Course | No. of Credits | (Cont | ching act hrs/ eek) | Evaluation Scheme (Marks) | | Marks) | Minimur | Minimum Passing (Man | |
| | | | | | L | P | Internal | External | Total | Internal | External | Total |
| Major Mandatory | MPH55MML501 | Basics of Public Health | Theory | 4 | 4 | | 60 | 40 | 100 | | 16 | 40 |
| Major Mandatory | MPH55MML502 | Human Biology & Public Health Chemistry | Theory | 4 | 4 | | 60 | 40 | 100 | | 16 | 40 |
| Major Mandatory | MPH55MML503 | Statistics Medical Field & Health | Theory | 4 | 4 | | 60 | 40 | 100 | | 16 | 40 |
| RM | MPH55RML501 | Public Health Research (Theory) | Theory | 4 | 4 | | 60 | 40 | 100 | | 16 | 40 |
| Major Elective | MPH55MEP501 OR MPH55MEP502 | PH Practicum/ Field visits OR Rural immersion/ Community Health Project assignment/Task | Practical | 4 | | 16 | 100 | | 100 | 40 | | 100 |
| | Total Hrs / week =32 | | | 20 | | | | | 500 | | | |

Note:

Nature of Course: L- Lecture, P-Practical, S-Seminar, J-Project, I-Internship, D-Dissertation,

Course Category: MM-Major Mandatory, ME-Major Elective, OJT-On Job Training / Internship, FP-Field project, CEP-Community engagement and service,

RM-Research methodology, RP-Research project



| Course Category | Course Code | Course Title | Nature of Course | No. of Credits | (Contact hre/ Evaluation Schome (Marke) | | Evaluation Scheme (Marks) Minimum Passin | | Minimum Passing (Ma | | | |
|--------------------|------------------------------|--|---------------------|-------------------|---|----|--|----------|---------------------|----------|----------|-------|
| | | | | | L | P | Internal | External | Total | Internal | External | Total |
| Major Mandatory | MPH55MML504 | Epidemiology | Theory | 4 | 4 | | 60 | 40 | 100 | | 16 | 40 |
| Major Mandatory | MPH55MML505 | Population Sciences & Demography | Theory | 4 | 4 | | 60 | 40 | 100 | | 16 | 40 |
| Major Mandatory | MPH55MML506 | Health Care Policies & Delivery System | Theory | 4 | 4 | | 60 | 40 | 100 | | 16 | 40 |
| Major Elective | MPH55MEP503 OR MPH55MEP504 | Communicable & Infectious Diseases or Non- communicable Diseases | Theory | 4 | 4 | | 60 | 40 | 100 | | 16 | 40 |
| OJT | MPH55JTI501 | Internship | Internship | 4 | | 16 | 100 | | 100 | 40 | | 100 |
| | Total Hrs / week = 32 | | | | | | | | | | | |
| | Semester Credit Total | | | | | | | | 500 | | | |
| | | First Yea | r Credits Total | 40 | | | | | | | | |

Note:

Nature of Course: L- Lecture, P-Practical, S-Seminar, J-Project, I-Internship, D-Dissertation,

Course Category: MM-Major Mandatory, ME-Major Elective, OJT-On Job Training / Internship, FP-Field project, CEP-Community engagement and service, ,

RM-Research methodology, RP-Research project



| Course Category | Semester III Course Code | Course Title | Nature of Course | No. of Credits Teach (Contact week) | | | | Evaluatio | on Scheme (I | Marks) | Minimun | Minimum Passing (Mar | |
|---------------------|----------------------------------|---------------------------------------|---------------------|-------------------------------------|---|----|----------|-----------|--------------|----------|----------|----------------------|--|
| | | | | | L | P | Internal | External | Total | Internal | External | Total | |
| Major Mandatory | MPH55MML601 | Basics of Nutrition | Theory | 4 | 4 | | 60 | 40 | 100 | | 16 | 40 | |
| Major Mandatory | MPH55MML602 | Public Health Nutrition | Theory | 4 | 4 | | 60 | 40 | 100 | | 16 | 40 | |
| Major Mandatory | MPH55MML603 | National Health Programs | Theory | 4 | 4 | | 60 | 40 | 100 | | 16 | 40 | |
| Major Elective | MPH55MEL601 or MPH55MEL602 | Women & Child Health or PH Management | Theory | 4 | 4 | | 60 | 40 | 100 | | 16 | 40 | |
| Research Project | MPH55RPP601 | Community Based Health Project Task | Practical | 4 | | 16 | 100 | | 100 | 40 | | 100 | |
| | | | | | | | | | | | | | |
| | Total Hrs | / week = 32 | | 20 | | | | | 500 | | | | |

Note:

Nature of Course: L- Lecture, P-Practical, S-Seminar, J-Project, I-Internship, D-Dissertation,

Course Category: MM-Major Mandatory, ME-Major Elective, OJT-On Job Training / Internship, FP-Field project, CEP-Community engagement and service, , RM-Research methodology, RP-Research project



| Course Category | Course Code | Course Title | Nature of Course | No. of Credits | (Contact | | Evaluatio | Evaluation Scheme (Marks) Minimum Pass | | Minimum Passing (Ma | | |
|---------------------|-----------------------|-----------------------------|------------------------|-------------------|----------|----|-----------|--|-------|---------------------|----------|-------|
| | | | | | L | P | Internal | External | Total | Internal | External | Total |
| Major | | Public Health | | 4 | 4 | | | | | | | |
| Mandatory | MPH55MML604 | Behavior | Theory | | | | 60 | 40 | 100 | | 16 | 40 |
| Major Mandatory | MPH55MML605 | Immunology | Theory | 4 | 4 | | 60 | 40 | 100 | | 16 | 40 |
| - | MPH55MEL603 | Disaster | Theory | | | | | | | | | |
| Major Elective | | Management or | | 4 | 4 | | 60 | 40 | 100 | | 16 | 40 |
| Elective | MPH55MEL604 | Economics of Health | | | | | | | | | | |
| Research Project | MPH55RPJ601 | PH Research Project Work | | 6 | - | 12 | 100 | | 100 | 40 | | 100 |
| , | | Dissertation | Project | | | | | | | | | |
| OJT | MPH55JTP601 | Dissertation Viva-voce | Practical | 2 | | | 25 | 25 | 50 | 10 | 10 | 20 |
| | Total Hrs / week = 28 | | | | | | | | 450 | | | |
| | | Semester Cr | edits Total | 20 | | _ | | | 1950 | | | |

Note:

Nature of Course: L- Lecture, P-Practical, S-Seminar, J-Project, I-Internship, D-Dissertation, Course Category: MM-Major Mandatory, ME-Major Elective, OJT-On Job Training / Internship, FP-Field project, CEP-Community engagement and service, ,

RM-Research methodology, RP-Research project



| | | | MGMUNIVERS |
|--------------------------|---------------------------------------|--|--|
| | | Semester Two: | |
| | | -Epidemiology | |
| Credits :4 | MPH55MML504 | MM Course | Marks: 100(Internal 60: External 40) |
| Course Objective: | | | |
| 1)To introd | uce students to the social determine | nants of Health | |
| 2)To know | the history of Epidemiology and | the mechanism of action of antibioti | ics and anti-virals |
| 3)To unders | stand the pathology, pathogenesis | , clinical manifestation, mode of tra | nsmission, prevention and control of diseases of bacterial |
| and viral et | ology | | |
| 4)To unders | stand the principles of infectious of | disease control programs | |
| 5)To orient | students about the evaluation and | the policy | |
| Course Outcome: 1 | By the end of the semester the s | tudent will be able to: | |
| 1)Understa | nd the Determinants of Epidemio | logy and its applicability in Practice | e |
| 2)Understa | nd the relevance of Population Sc | cience and Demography with Health | 1 |
| 3)Understar | nd to Identify components of Cor | mponents and the Perspectives of Ep | pidemiology |
| 4)Understar | nd determinants of epidemiology | | |
| 5)Interpret | nealth care data. | | |
| 6)Understar | nd epidemiology health challenge | es and reform efforts | |
| | | | |

| Unit | Content | Hours |
|-------|--|-------|
| One | History of Epidemiology | 15 |
| | Background and History of social epidemiology: glossary of social epidemiology Introduction, history/evolution of | |
| | epidemiology. | |
| | ☐ Dynamics of disease transmission. | |
| | ☐ Measuring the occurrence of disease- Mortality/ Morbidity, proportion, | |
| | standardization, rates and ratios. | |
| | ☐ Natural history of disease. | |
| | ☐ Types of study with examples and illustration of classical case studies | |
| Two | Determinants of Health | 10 |
| | Social determinants of health: socio economic position, education, occupation, ethnicity and health, measurement of | |
| | determinants, mechanisms and pathways through which income, education, and occupation affect health | |
| Three | Components of Health | 10 |
| | Inequalities and Disparities in Health: Poverty, discrimination, vulnerability, income inequality and impact on health | |
| | outcome, measuring poverty, measuring health inequalities. | |
| Four | Perspectives of Epidemiology | 10 |
| | Ecological perspective in social epidemiology: Social capital, social cohesion, and health, community-level | |



| | mechanisms/processes through which community social capital contributes to health improvement. Concept of prevention in social epidemiology 6.Public health strategies to reduce health disparities | |
|------|---|----|
| Five | Applying Epidemiology to Evaluation and Policy | 15 |
| | Data, probability, sampling, collection, compilation, analysis. Screening / Diagnostic tests. Research Methodology. Epidemiology, health services and health policy. Ethical and professional issues in Epidemiology. Planning Health management. | |

Reference Reading:

- 1) Berkman LF, Kawachi I & Glymour MM. Social Epidemiology. New York: Oxford University Press, 2014.
- 2) Kawachi I, S.V. Subramanian, Daniel Kim. Social Capital and Health, Springer 2007
- 3) Oakes & Kaufman, Methods in Social Epidemiology. Jossey-Bass Pub, 2006
- 4) Gwikel Julie. Social Epidemiology. Columbia University Press, 2006
- 5) Kringer N. Embodying inequality: epidemiologic perspectives, Baywood Pub, 2005
- 6) Marmot M, Richard G. Wilkinson, Social Determinants of Health, Oxford University Press, 2006
- 7) Nambiar Devaki, Arundati Muralidharan The social determinants of health in India: concepts, processes, and indicators. Springer Publication. New Delhi. 2017

| | - Po | pulation Sciences & Demogra | ohy | | | | |
|---------------------------------------|---|-------------------------------------|---------|--------------------------|--|--|--|
| Credits :4 | MPH55MML505 | MM Course | | Marks: 100(Internal 60: | | | |
| | | External 40) | | | | | |
| Course Objectives: | | | | | | | |
| To familiarize stud | lents to the fundamentals of pop | oulation studies and its links with | health | | | | |
| To impart practic | To impart practical knowledge and skills of demographic and health data sources and practical use of data | | | | | | |
| Course Outcome: Course | Outcome: By the end of the sen | nester the student will be able to | : | | | | |
| 1)Understand the | relevance of Population Science | and Demography with Health | | | | | |
| 2)Understand to Id | entify components of Population | on Science and the Demography | | | | | |
| 3)Understand func | tions of Population control polic | cies and the Demography | | | | | |
| 4)Interpret health of | are data.5)Understand population | on health challenges and reform | efforts | | | | |
| | | | | | | | |

| Unit | Content | Hours | |
|------|---------|-------|--|
|------|---------|-------|--|



| Ons | | NUNIVERSII' |
|-------|--|-------------|
| One | Introduction and Sources of Population Data | 15 |
| | Introduction to population and health: definition, scope, Concept of demography, Population components, | |
| | Demographic transition theory History, definition, nature and scope of Population Studies, relationship of other social | |
| | sciences with population studies, Social structure, Social and Racial Groups, Society and | |
| | Culture and its role in Population studies, Social Institutions (family, marriage, kinship, and | |
| | religion) and their role in influencing population studies, Social change in India, Tribes in India and their culture, | |
| | Social-Psychological concepts and its relevance to Population studies, communication | |
| | concepts, processes and its relevance in context of Population studies. Population trends, global variation in | |
| | population size and growth, history of Population in India, Current Population Scenario and Demographic=profile of | |
| | India and States.Basic demographic concepts, components of population change. | |
| Two | Sources of Demography | 10 |
| | Sources of demographic and Health data: Population census, Vital registration system, Sample Registration System, | |
| | National Family Health Survey (NFHS), District Level Health Survey (DLHS), Annual Health Survey (AHS), | |
| | National Sample Survey Organization (NSSO) (demonstrate the practical use of the data and its advantages and | |
| | limitations.) | |
| Three | Compositions of Population | 10 |
| | Population composition: Levels and trends in the sex and age structure of the population of world and developed and | |
| | developing countries | |
| Four | Various Concepts | 10 |
| | Concepts, definition, determinants and measurement of fertility, mortality and migration, population projection, | |
| | Concept of Life tables, importance and methods 6. Population policy: Population policy linkages with health issues | |
| Five | Population Composition and Change | 15 |
| | Spatial and temporal changes in the size and distribution of population-global perspective with focus on IndiaAge and sex | |
| | structure of population in developed and developing countriesComposition of India's population: Demographic, social, | |
| | economic and Cultural factors affecting age-sex structure of population and its relevance in population dynamics: global and | |
| | India perspectives; Spatial distribution of population: measures of concentration of | |
| | population: density, distribution-dissimilarity index, tempo of urbanization, Rank-size rule, Gini's concentration ratio, Lorenz | |
| | curve, etc.; Factors affecting spatial distribution, densityand concentration of population-global, national, regional | |
| | patterns.Population Ageing: Concepts and measures of population ageing, components of population | |
| | ageing. Trends and pattern of ageing in India and States. Demographic dividend, Sex-ratio, Sex-ratio at birth, Child-Women | |
| | ratio, Median Age, Age-Sex Pyramid, Dependency Ratio (Child Dependency Ratio, Old Dependence Ratio, Total Dependency | |
| | Ratio). | |



- 1) The Springer Series on Demographic Methods and Population Analysis: Ed.: Land, Kenneth C. "The Plenum Series on Demographic Methods and Population Analysis" Durham, NC 27708-0088, USA, 2014 2) Population Studies and Development from Theory to Fieldwork: Petit, Véronique (Ed.) Springer International Publication AG 2018
- 3) Handbook of Population: Ed. Dudley Poston and Michael Micklin. Springer publication, Edition one, 2006
- 4) Principles of population Studies: Asha Bhende and Tara Kanitkar, Himalaya Pub, Houses, Mumbai, 2011
- 5) The methods and Materials of Demography (Second edition): Siegel, Jacob S., and David A. Swanson,: Elsevier Academic Press, San Diego, 2004.

| - Health Care Policies and Delivery Systems | | | | | | |
|---|---|--|--|--|--|--|
| Credits :4 | Credits :4 MPH55MML506 MM Course Marks: 100(Internal 60: External 40) | | | | | |
| Course Objectiv | Course Objective :: To provide the students a basic insight into the main features of Indian health care delivery system and how it compares | | | | | |
| with the other sy | with the other systems of the world | | | | | |

Course Outcome:

- 1) Understand to Identify components of Health care policies and the Delivery system
- 2) Understand functions of Health care policies and the Delivery system
- 3) Interpret health care data.
- 4) Understand global health challenges and reform efforts

| Unit | Content | Hours |
|-------|---|-------|
| One | Introduction to Health Care | 15 |
| | Health and Development Concept of Health and Disease. Spectrum of health. Health and its determinants Health Indicators, | |
| | Study the concepts of health and disease, risk factors, and the role of health promotion and disease prevention., overview of | |
| | public health and appreciate its expanding role in health protection both in | |
| | the India and globally,.Explore the determinants of health and measures related to health | |
| Two | Health Care Systems | 10 |
| | Healthcare Systems Evolution of Health Planning in India, Concept and Elements of Primary Health Care, Rural | |
| | Healthcare system in India – Structure & Current Scenario, Indian Public Health Standards, Organization and Management | |
| | of Public Healthcare System, Issues in healthcare delivery system | |
| Three | Health Care Policies-1 | 10 |



| | Health Policies and Schemes Millennium development goals, National Health Policy, Five year Plans | |
|------|--|----|
| Four | Health Care Policies-2 | 10 |
| | Health Policies, Health Budget(Union & State) Health Bureacracy, Union & state Health Ministry | |
| Five | Health Care Systems | 15 |
| | Understand the nature of the Indian health care system. Outline the key functional components of a healthcare delivery system. Get a basic overview of the Affordable Care, Discuss characteristics of the Indian. health care system, Emphasize importance for practitioners and managers to understand the health care delivery system. Get an overview of health care systems in selected countries. Point out global health challenges and reform efforts. Introduce the systems model as a framework. | |

- 1) K Park, Preventive and Social Medicine, Bansaridas Bhanot Publishing House.
- 2) Brijesh C Purohit. Health Care System in India: Towards Measuring Efficiency in Delivery of Services Maxcy-Rosenau-Last,
- 3) Public Health & Preventive Medicine, 14th Edition Ed Robert Wallace. Course
- 4) Delivering Health Care in America 7th Edition, Leiyu Shi and Douglas A. Singh, Jones and Bartlett Learning, Copyright 2019

| - Communicable & Infectious Diseases | | | ases |
|--------------------------------------|-------------|-----------|---------------------------------------|
| Credits :4 | MPH55MEP503 | ME Course | Marks: 100(Internal 60: External 40) |

Course Objectives:

- 1)To understand the biology of pathogens and the mechanism of action of antibiotics and anti-virals
- 2)To understand the pathology, pathogenesis, clinical manifestation, mode of transmission, prevention and control of diseases of bacterial and viral etiology
- 3)To understand the principles of infectious disease control programs
- 4)To orient students about the national disease control programs, Critical evaluation of various disease control programs

Course Outcome:

- 1)Understand to Identify components of Non Communicable Diseases
- 2)Understand functions of multiple communicable diseases and
- 3)Interpret non communicable health care data.
- 4)Understand some common mental health problems in relevance with the addiction and Critical evaluation of various disease control programs



| Unit | Content | Hours |
|-------|---|-------|
| One | ne Overview of Infectious Disease | |
| | General overview of infectious diseases and their impact in developing countries, Epidemiology of infectious diseases | |
| Two | Structure Study | 10 |
| | Structure of prokaryotic cell, pathogenic modifications, . Anti-microbial agents, drug resistance | |
| Three | Communicable Diseases-1 | 10 |
| | . Infectious disease control programs(including agent biology, epidemiology, pathogenesis and pathology, clinical presentation and management; public health strategies and mechanisms) a. Vaccine preventable diseases: TB, polio, diphtheria, tetanus, measles | |
| Four | Communicable Diseases-2 | 15 |
| | Respiratory diseases: Tuberculosis, leprosy, ARI's c. Intestinal: Diarrhoea, typhoid, worm infestations d. Contact: STIs and AIDS e. Vector borne: malaria and filaria, JE, dengue,leptospirosis, f. zoonotic: plague and rabies, Neglected tropical diseases | |
| Five | Syndromic Approach to Infectious Diseases | 15 |
| | Urinary tract infections, Intra - abdominal infections, Cardiovascular infections, Syndromic approach to STIs, yomyositis, skin and soft tissue infections, Eye infections including endophthalmitis, uveitis and chorioretinitis, Nosocomial Infections or Medical Device Related Infections, Isolation and quarantine | |

- 1) Duguid et al. Textbook of Medical microbiology
- 2) Javetz and Melnick: Adelbergs Medical Microbiology
- 3) World Health Organization: Report on infectious diseases, and Report on Multidrug resistance, World Health Organization, Geneva
- 4) Principles and Practice of Medicine: Davidson, Edward, Bouchier et. Al., Pearson Professional Ltd. London
- 5) Biology of Disease: Jonathan Phillips, Paul Murray, Blackwell Science Ltd. Australia,
- 6) Human Virology: A textbook of Students of Medicine and Microbiology, Dentistry, Leslie collier, John Oxford, Oxford University Press, Tokyo
- 7) Textbook of Medicine: Cecil, Bennett, et al., Harcourt Brace Joanvich Inc. U.S.A.
- 8) Nelson K E: Infectious disease epidemiology: theory and practice
- 9) Griesecke J: Modern infectious disease epidemiology 10) National Disease Control Programmes websites and class handout.



| - Non-Communicable Diseases One-Standard Market 100/ Internal 60: Enternal 40 | | | | | | |
|---|---|------------------------------------|---------------------------------------|--|--|--|
| Credits :4 | MPH55MEP504 | ME Course | Marks: 100(Internal 60: External 40) | | | |
| Course Objectives | : | | | | | |
| 1)To give an | 1)To give an understanding of the pathophysiology of major NCDs. Classification, clinical manifestations, diagnosis and, treatment. | | | | | |
| 2)To underst | and the risk factors for common NCI | Os, and methods of disease control | and health promotion | | | |
| 3)To give an understanding of the pathophysiology of some common mental health problems | | | | | | |
| | | | | | | |
| Course Outcome: By the end of the semester the student will be able to: | | | | | | |
| 1) He denote of the Identify assume ments of New Communicable Diseases | | | | | | |

- 1)Understand to Identify components of Non Communicable Diseases 2)Understand functions of multiple communicable diseases and 3)Interpret non communicable health care data.

- 4)Understand some common mental health problems in relevance with the addiction

| Unit | Content | Hours |
|-------|--|-------|
| One | Intoduction to Epidemiology | 10 |
| | Epidemiology of NCDs, risk factors, global status, prevention and control, global initiatives | |
| Two | Strategies for NCD's | 10 |
| | National strategies for control of NCDs (epidemiology, pathophysiology including biochemical and genetic parameters, cardinal signs, clinical and diagnostic features (with special emphasis on biochemical parameters), treatment (emphasize pharmacological component) prevention and control a. Diabetes b. Cardiovascular diseases c. Asthma and COPD d. Cancer e. Musculo-skeletal conditions | |
| Three | NCD's and related Factors-1 | 10 |
| | Tobacco, obesity and other risk factors for NCDs | |
| Four | NCD's and related Factors-2 | 15 |
| | Unintentional Injuries- prevention and control; global and national strategies 5. Introduction to mental health, health promotion, National Mental health policy of India, Epidemiology of Major Mental Disorders burden of mental health morbidities, psycho-social, etiology of mental and behavioral disorders; depression, schizophrenia, Alzheimer's, Parkinson's, senile dementia, suicides | |
| Five | NCD & Public Health | 15 |
| | Public health issues related to infectious diseases, identifying and describing the key communicable disease threats: aetiology; diseases spread; prevention, modes of transmission, incubation period, period of communicability of common agents with public health importance, basic epidemiological methods | |



- 1) Class handouts
- 2) World Health Organization (2016). Global Report on Diabetes. WHO Press, Switzerland
- 3) National Centre for Disease Control Director General of Health Services Ministry of Health and Family Welfare, GOI 2017. Training Module for Medical Officers for Prevention, Control and Population Level Screening of Hypertension, Diabetes and Common Cancer (Oral, Breast and Cervical). National Program for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke
- 4) World Health Organization 2014: GLOBAL STATUS REPORT on Non-communicable Diseases

- PH Practicum/Field visits

Credits: 4 MPH55JTI501 OJT Course Marks:100 (Internal)

Course Objectives: Community visits & Field Visits are the actual learning place for a student of Public Health. During these visits students will get a real time experience of class room teachings & will get an opportunity of hands on experience

Field Visits: Village Tour to study the environment of Indian Village, study the various health hazards, Acquire knowledge about the health resources of the community Asses the felt & non felt needs of community and make a Community diagnosis Collection of the vital data of the village Family Survey- Methodology & components Preparation of family health records



| Semester Three: | | | | | |
|---|----------------------|--|--|--|--|
| | -Basics of Nutrition | | | | |
| Credits :4 MPH55MML601 MM Course Marks: 100(Internal 60: External 4 | | | | | |
| 0 011 11 | | | | | |

Course Objective:

- 1)To Learn the role of nutrients in the physiological processes
- 2) To Learn the Basics of Nutrition

Course Outcome: By the end of the semester the student will be able to:

- Understand to Identify components of Nutrition
 Understand the functions of multiple factors of Nutritions
- 3)Interpret functions with the health care data.
- 4)Understand the nutritional policies and programs

| Unit | Content | Hours |
|-------|---|-------|
| One | Basics of Nutrition | 10 |
| | Introduction to nutrition, inter relationship between food, nutrients & health. Nutritional Status. Common terms related to nutrition | |
| Two | Factors of Nutrition-1 | 10 |
| | Energy: Introduction, Physiological fuel value,. Basal Metabolic Rate, Total Energy Expenditure, Specific dynamic action, Respiratory Quotient | |
| Three | Factors of Nutrition-2 | 10 |
| | Carbohydrates: Classification, function, sources, RDA & deficiency, Fibre – types, role in health and diseases. | |
| Four | Factors of Nutrition-3 | 15 |
| | Lipids: Classification of fatty acids, Function, sources, RDA, & deficiency. Saturated fat, MUFA, PUFA, essential fatty acids, prostaglandins. Cholesterol – introduction, sources, requirement, Proteins: Classification of amino acids. (essential & non-essential), functions of protein, sources, RDA & Deficiency. Evaluation of the protein quality – biological value, protein efficiency ratio, nitrogen retention, net protein utilization | |
| Five | Factors of Nutrition-3 | 15 |
| | Vitamins: Classification – Fat soluble & water soluble, function, sources, RDA & deficiency. 8. Minerals: Major minerals – Ca, P, Mg, Na, K. Minor minerals – Fe, I, F, Zn, Co, Mn, Se, S, Cr., Function, sources, RDA & deficiency, Water: Role of water in the body, its requirement, extracellular & intracellular fluid, maintenance of water balance | |



- 1) Mann, J. and Truswell, S. eds., 2017. Essentials of human nutrition. Oxford University Press.
- 2) Eastwood, M.A., 2013. Principles of human nutrition. Springer.
- 3) Bender, D., 2014. An introduction to nutrition and metabolism. CRC Press

| Public Health Nutrition | | | | | |
|-------------------------|-------------|-----------|---------------------------------------|--|--|
| Credits :4 | MPH55MML602 | MM Course | Marks: 100(Internal 60: External 40) | | |
| | | | | | |

Course Objectives:

- 1)To understand the global and national burden of nutritional deficiencies.
- 2)To identify public health nutrition interventions.
- 3) To study the impact of nutritional policies and programs & nutritional status of the population.

Course Outcome: By the end of the semester the student will be able to:

- 1)Understand to Identify components of Nutrition
- 2) Understand the functions of multiple factors of Nutritions
- 3)Interpret functions with the health care data.
- 4)Understand the nutritional policies and programs

| Unit | Content | Hours |
|-------|--|-------|
| One | Introduction | 10 |
| | Introduction to public health nutrition | |
| Two | Nutrition Transition-1 | 10 |
| | Nutrition Transition: Demographic, economic transition, poverty alleviation, food consumption patterns | |
| Three | Nutrition Transition-2 | 10 |
| | Under nutrition: global & Indian prevalence of under nutrition, risk factors consequences, Micronutrient deficiency disorders: prevalence, risk factors, Interventions that worked globally, lessons learnt | |
| Four | Nutrition Transition-3 | 15 |
| | Over nutrition: Evolutionary principle, Obesity: prevalence and risk factors: Physical activity & inactivity, screening of those at nutritional risk, Life style diseases: Interventions that worked globally, lessons learnt, Guidelines for prevention of non-communicable disease | |
| Five | Food Security | 15 |
| | Food Security: Factors affecting food security, economics food security and community development, Food security bill/Act | |



1) Vir S.C., (2015), Public health nutrition in developing countries (Part I and II), Woodhead Publishing India Pvt, Ltd.

5)Develop skill and technique of working in the Field of Women and Child Health

- 2) WHO and Chan, M., (2011) 'Haemoglobin concentrations for the diagnosis of anemia and assessment of severity', Geneva, Switzerland: World Health Organization, Geneva.
- 3) Cashman, K. D., Sheehy, T., & O'Neill, C. M. (2018). Is vitamin D deficiency a public health concern for low middle income countries? A systematic literature review. European journal of nutrition,

| | -National Health Programs | | | | |
|--|--|--------------------------------|--|--|--|
| Credits :4 | MPH55MML603 | MM Course | Marks: 100(Internal 60: External 40) | | |
| Course Objectiv | e: 1)To give an idea about the background | of NHP | | | |
| | 2) To learn the objectives, action plan, ta | argets, operations, achievemen | ts and constraints of various National Health Programs | | |
| Course Outcome: | Course Outcome: By the end of the semester the student will be able to: | | | | |
| 1)Understand the Importance of Various National Health Programs in India | | | | | |
| 2)Underst | 2)Understand to Identify the basic objectives of National Health Program | | | | |
| 3)Understand the Women and Child Health related Programs | | | | | |
| 4)Underst | 4)Understand the Social Issues relating to the Health Aspect | | | | |

| Unit | Content | Hours |
|-------|---|-------|
| One | Introduction | 15 |
| | Introduction Brief outline of health situation in India, Organization network for health and family welfare services at the centre, | |
| | state, district and block level, National Health Policy, 2017 | |
| Two | National Health Programs-1 | 15 |
| | Key Health programs in India - 1 National Rural Health Mission, Reproductive Child Health, and National Urban Health | |
| | Mission | |
| Three | National Health Programs-2 | 10 |
| | Key Health programs in India - 2 Family Planning Program, Universal Immunization Program, Child Survival and Safe | |
| | Motherhood Program, | |
| Four | National Health Programs-3 | 10 |
| | Integrated Child Development Scheme, Water supply and Sanitation program | |
| Five | National Health Programs-4 | 10 |
| | National Cancer Control Programme, National Program for Prevention and Control of Deafness (NPPCD), District Mental | |



Health Program (NMHP), National Leprosy Eradication Program, Universal Immunization Program (UIP), National Tobacco Control Program, National Program of Health Care for the Elderly (NPHCE)

Reference Readings:

1)GOI 2005, National Rural Health Mission: Meeting People's Health needs in rural areas, Framework for implementation, 2005-2012, MoHFW.

2)GOI 2005, Report of National Commission on Macroeconomics and Health, MoHFW.

3)GOI, MoHFW, Annual Report of various years. National Health Programs of India by J Kishore

| -Women and Child Health | | | | |
|--|-------------|-----------|---------------------------------------|--|
| Credits :4 | MPH55MEL601 | ME Course | Marks: 100(Internal 60: External 40) | |
| Course Objective: | | | | |
| 1)To impart an understanding of the scope of women and child health. | | | | |
| 2)To enable students to find and interpret relevant information on women and child health. | | | | |
| Course Outcome: By the end of the semester the student will be able to: | | | | |
| 1) Understand to Identify the basic components of Women & Child Health | | | | |

- 1) Understand to Identify the basic components of Women & Child Health
- 2) Understand the Women and Child Health related Programs
- 3) Understand the Social Issues relating to the Health Aspect
- 4) Develop skill and technique of working in the Field of Women and Child Health

| Unit | Content | Hours |
|-------|--|-------|
| One | Basic Concepts | 15 |
| | Women's Health Concepts, definition and measures; customs, norms, attitudes and practices pertaining to various aspects | |
| | of women's health including menstruation, puberty, childbirth and menopause; sexual and reproductive rights, infertility | |
| Two | Women & Health-1 | 15 |
| | Adolescent Sexual Health & Family Planning Adolescent sexual health & contraception: role and involvement of men in | |
| | reproductive health, methods of family planning, contraception behavior, measurement and service delivery, quality of | |
| | family planning care | |
| Three | Women & Health-2 | 10 |
| | Women's Health status in India Gender, autonomy, empowerment and status of women, domestic violence in India, | |
| | maternal mortality and morbidity, abortion, HIV, STIs. | |
| Four | Child & Health-1 | 10 |
| | Child Health Growth and development from infancy to childhood; Child health & morbidity; neonatal, infant & child | |
| | mortality; IMR & U5MR; breastfeeding, weaning & supplementary feeding | |
| Five | Child & Health-2 | 10 |



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|---|---------------|
| Child Health Initiatives in India Programs and policies related to child health and development, health of physically and | |
| mentally challenges children, behavioral disorders, child abuse. Evolution of Maternal/Reproductive and child Health | |
| programs | |
| ☐ Safe motherhood and essential newborn care with related schemes and programs | |
| ☐ Gender issues in women's health | |
| ☐ Major health problems of children in India and related National Health Programs | |
| ☐ Adolescent health and related schemes and programs | |
| ☐ Rights of child and related schemes and Programs | |
| ☐ School Health Program | |

- 1)Dutta DC 2005. Textbook of Obstetric and Gynaecology, Rawat Pub.
- 2) Gupta SD 2005. Adolescent and Youth reproductive health in India.
- 3)Jejeebhoy S. 1998. Adolescent sexual and reproductive health in India: review of the evidence from India. Social science and medicine; 46-10.
- 4) Lancet Series on Child Survival 2003 and Neonatal Health care 2005.

OR

| - PH Management | | | | |
|--|--|--------------------------------------|---------------------------------------|--|
| Credits :2 | MPH55MEL602 | ME Course | Marks: 100(Internal 60: External 40) | |
| Course Objective: | | | | |
| 1)To familia | rize students with the challenges of m | anagement of health care system in 1 | India | |
| 2)To familia | rize students with the principles and to | echniques of management | | |
| Course Outcome: By the end of the semester the student will be able to: | | | | |
| 1)Understand to principles and techniques of Management of Health care System | | | | |
| 2)Understan | 2)Understand to Identify the basic components of PH Management | | | |
| 3)Understand the management of health care system in India | | | | |
| 4)Understand the principles and techniques of management | | | | |
| 5)Develop skill and technique of working in the Field of Management and Administration | | | | |
| | | | | |

| Unit | Content | Hours |
|------|--|-------|
| One | Introduction to Management | 10 |
| | The evolution of Management, Definition, and importance of Management, Different schools | |
| | of Management thought- classical school, Management Sciences School, Behavioral School, POSDCORB | |
| Two | Health Care & Management-1 | 10 |
| | Challenges in Public health delivery system: with ref to delivery, performance, effectiveness, efficiency, and equity, | |
| | discussion about the sources of problems and potential solutions | |

| XIX. | |
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| | ॥ अप्यो दीवो भव॥ |
| महाला जोधी MGM | UNIVERSITY |

| Three | HRM & Health | 10 |
|-------|---|----|
| | Human resource management in public health (HRM): nature of human resource management, limitations | |
| Four | HMIS | 15 |
| | Health management information system (HMIS): health information sources, challenges in HMIS, advantages and | |
| | lacunas in current system, recommendations to improve utilization of current HMIS. Brief overview of evolution of | |
| | management theories and tools and techniques used in management : SWOT, Log Frame, PERT, CPM, | |
| Five | Health Care & Management-2 | 15 |
| | Health Care Systems in India: health care system includes many sectors or subsystems, types of service providers, sources | |
| | and methods of financing, and regulations. Model of health care system in India | |

- 1. Fallon L F., Eric J Zgodzinski. Public health management. Sundbury, MA: Jones and Barlett. 2009.
- 2. Lieber J.G., C. McConnel. Management principles for health professionals. Sundbury, MA: Jones and Barlett. 2010.
- 3. Buchbinder, SB, n.H.Shanks. Introduction to health care management. Sundbury, MA: Jones and Barlett. 2007.
- 4. Fallon L F., C.McConnell. Human Resource Management in Health care .Sundbury, MA: Jones and Barlett. 2007.

| -Public Health Internship | | | |
|---------------------------|-------------|-----------|---------------------|
| Credits:4 | MPH55RPP601 | RP Course | Marks:100(Internal) |

Course: Objective To provide an understanding of day to day activities and functions of professionals working in the public health system

Course Content: Six-weeks internship at a public health facility, or with a disease control program. Assessment through activity diary, journal and report submission and presentation. Report may be submitted in Semester IV. This course is usually timed during the period between Semester III and IV

Course Outcome: The Students will be able to practice the learning's independently in the Field